



**MELLA LUNA HEALING**

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## How to get the most from your Animal Communication Reading

By Dawn R. Tule, May 2024

An Animal Communication reading is a very special time and conversation with your beloved animal friends. In your first animal reading, many emotions can come up when anticipating what they have to share with you ranging from excitement, worry, or even feeling skeptical about the process. Here are some tips to help you get the most from the time you'll be spending together with your animal friend and the reader/translator:

1. Create a list of questions or topics you want to address with the animal. All my 1st time clients fill out an intake form when they make an appointment. This helps you gain clarity and ensures no questions will go unanswered. If you are planning on getting a reading at an event or using a walk-in service, prepare by considering what you would most like to know or ask your animal friend.
2. Release your expectations. We know our animal companions so well and may project what we think they feel or want onto the situation. That is similar to having a friend or family member assuming how you feel without asking. Having curiosity about the animal's point of view will open the doors for them to express themselves freely. They may surprise you!
3. Keep an open mind and open heart. We all know that animals are in tune with our emotions and how we feel. This also means that if we are skeptical or doubting that the animal communication is real, the animal is feeling that hesitation in you and may not be as open to sharing with the communicator. Animal communication is not mind-reading, so if the animal doesn't want to share something, the translator won't be able to get an answer from them. Being open and participating allows the conversation to flow!
4. Take notes or get a recording. SO much information and insight can come forth in a reading! That's why all my private consultations are recorded so you can reference them at a later time. If you are getting a reading at an event, or in-person, I encourage you to take notes or record the session, so you don't miss anything your animals want to share with you.

I hope these tips help make your animal communication reading the Beautiful, heart-opening experience it is meant to be!